

GETA Young Scientist

Samsya Khoj Contest

1e (First Edition), 24.04.2024

<i>Result</i>	Contest Winner
<i>Problem Title</i>	Increase in suicidal cases among students is because of over pressure by parents and society
<i>Problem Description</i>	<p>In recent years, there has been a disturbing surge in suicide cases among students. Shedding light on it, there is profound impact of societal and parental pressures on the mental health of young individuals.</p> <p>Students, facing unprecedented expectations from both their families and society, find themselves navigating a relentless journey fraught with academic, social, and personal challenges. Parents, often driven by aspirations for their children's success, inadvertently contribute to this rising tide of stress. The desire for academic excellence, coupled with the fear of falling behind peers, places an immense burden on students' shoulders. High expectations to secure top grades, excel in extracurricular activities, and gain admission to prestigious institutions create an environment where failure is perceived as intolerable. Societal pressures further compound this issue, as students grapple with the weight of societal norms and expectations.</p> <p>The relentless pursuit of success, coupled with the fear of disappointing others, engenders a sense of hopelessness among students. The stigma surrounding mental health issues exacerbates the problem, as many students suffer in silence, fearing judgment and isolation.</p> <p>It is crucial for parents, educators, and society at large to recognize the signs of distress in students and actively foster an environment that prioritizes mental well-being. Open conversations about the realities of academic stress and societal expectations must replace the prevailing culture of silence. Educational institutions can play a pivotal role by implementing support systems, counseling services, and educational programs that address the psychological challenges faced by students.</p>
<i>Affected Audiences</i>	Students
<i>Impact Size</i>	Hundreds and more
<i>Location</i>	Universal
<i>Scope</i>	National
<i>Place</i>	Universal
<i>Occurrence</i>	Frequently
<i>Life risk involved?</i>	Yes

<i>Result</i>	Contest Winner
<i>Financial loss or Saving potential</i>	Lakhs or more
<i>Student</i>	Himanshu Kumar Singh, 11th Class
<i>School</i>	Matrix Academy School, Virar, Mumbai, Palghar District, Maharashtra
<i>Guide Teacher</i>	Prasadinee Thombare

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